

Appendix E

Resources

RESOURCES FOR PERSON DIRECTED DINING & ACTIVITIES

Free CMS Videos on Culture Change, Person Directed Dining, Enhanced Dining, Activities

NOTE: It is important for dietitians, dietary managers, & activity staff to be informed and receive the same training as surveyors (many of these are listed as mandatory)

Step One: You have to register (name) and get a pass word: Any one may

<http://cms.internetstreaming.com/courses/>

Step Two: On the home page, go to Courses Index, logon. Keeps status of current viewing.

Scroll down to Archived Webcast (video on demand)

Step Three: Review the topics of interest, select one, CE (usually .1--.3/one hour viewing)

Step Four: Click on the webcast, watch it, then complete the evaluation

Step Five: You can print/& save Certificate of Continuing Education (date viewed)

Four Mandatory Topics on Culture Change:

11/3/06 From Institution to Individual Care Part 1 Integrating Care & Quality Improvement

5/4/07 Part 2 Transforming Systems to Achieve Better Outcome

5/18/07 Part 3 Clinical Studies in Culture Change (Dining)

9/14/07 Part 4 The How of Change

3/16/07 How to Enhance the Quality of Dining Assistance in Nursing Homes

4/7/06 Nursing Home Journal Vol III: Surveying Activities Requirement-Introduction of New Activities

Guidelines; Handouts on revision, compliance, severity of noncompliance; Enhanced Activities Guide

Accessing Regulations & Surveyor Guidance :www.cms.hhs.gov->Click on Regulations/Guidance->Click on Manuals->Go to right hand and scroll to "Internet Only"->Go to Publications: 100-07 State Operations Manual (SOM)->Scroll down to "Appendices"->Appendix " P" are the most current OBRA Regulations and Interpretive Guidance for each tag (IG revision for F 371 Sanitary Conditions and F 325 Nutritional Status/Weight Loss will be available soon); Appendix " PP" are the survey protocols for surveyors (Ex: Pg. 50-61 are Hydration, Unintended Wt Loss, Dining)

Care Plans for Culture Change: Interdisciplinary & Resident-Directed by Sue Newell, Roseann Virgil, Ruth Rauscher; Activity/Therapeutic Recreation Services SURVEY-MADE- EASY: www.TRTIPS.com

The Dining Experience by Wayne Toczek, teaching tale on culture change, www.innovaservices.info

Life Happens in the Kitchen, by Linda Bump; [In Pursuit of the Sunbeam](#), and many books, training seminars, hands on sharing articles by Action Pact www.culturechangenow.com

Household Matters: A Good Life 'Round the Clock, many training manuals, shared experiences & stories www.Pioneernetwork.net

Rethinking the Dining Experience in Long Term Care by Shellee Rolorff, Oct 2006, to access and other valuable articles: www.dmaonline.org ->publications->Dietary Managers Magazine-> Past articles,index-2004-2007 >scroll to Meal Delivery (Cooking Demos—Resident Recipes; Resident Buffet Service-Power of Choice; Holiday Ideas)

Liberalization of the Diet Prescription Improves Quality of Life for Older Adults in Long-Term Care, December 2005, American Dietetic Association, www.eatright.org ->publications->position papers (abstract and read only), pdf and ADA Journal articles available to ADA members

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Additional Recommended Websites

CMS Sharing Innovations in Quality – Culture Change

<http://siq.air.org/Resources.aspx?Source=Topic&ID=5>

CMS sharing Innovations in Quality – Artifacts of Culture Change Tool

The Report, *Development of the Artifacts of Culture Change Tool*, can be obtained by clicking on the following link: <http://siq.air.org/PDF/artifacts.pdf>

The *Artifacts of Culture Change Tool* can be obtained by clicking on the following link: <http://siq.air.org/PDF/artifacts-cc.pdf>

California Culture Change Coalition: www.calculturechange.org

Pioneer Network: www.pioneernetwork.net

Action Pact: www.culturechangenow.com

CAHF Nurses Council: www.cahf.org/nurses